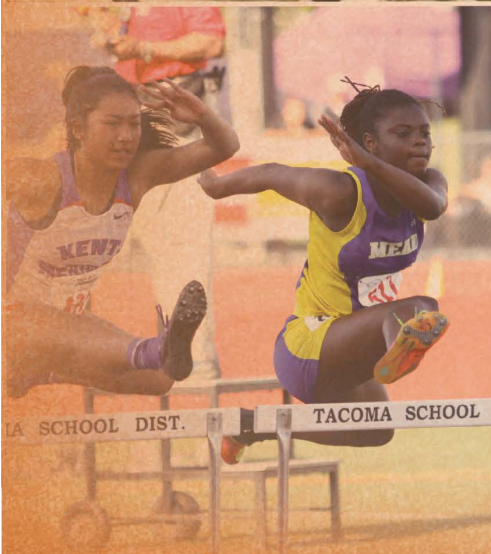


WASHINGTON INTERSCHOLASTIC ACTIVITIES ASSOCIATION

HANDBOOK



2015-16

Q&A-6: *Is it legal for our school to sponsor basketball intramurals in the spring and have the basketball coach supervise?*

NO, school sponsorship and promotion in a given sport is restricted to the WIAA designated season for that sport.

Q&A-7: *Our boys swim coach plans to apply for an open coaching position with the local swim club (not affiliated with the high school) in which one athlete from a school that coops with our school team is a member. Would it be a violation for this person to coach both programs?*

YES. This coach cannot be coaching ANY of the students in the school feeder system, grades 7-12, including all students attending the school of any cooperative program during the out-of-season time period.

Q&A-8: *Our coach is planning to sponsor an open gym for the basketball players in October as a preparation for the upcoming season. He has a written schedule for conditioning and plays to work on, and he will be there to assist as needed. Is that legal?*

NO, coaches may conduct practice ONLY during the WIAA sport season.

17.9.0 SPORT CAMPS OR CLINICS

Q&A-1: *Could a basketball coach use some of his/her players to demonstrate a teaching skill to other coaches during a clinic?*

YES, provided the only contact with the team is to notify them of the time and date of the clinic, and the skills they will be asked to perform. During the clinic itself, the coach can merely introduce the players and the skill.

17.10.0 SUMMER ACTIVITIES

Q&A-1: *A local WIAA member high school has a summer football program. The middle school in the school district is not a member of the WIAA. Can the middle school students who will attend the high school during the next fall participate in the summer program?*

There is no WIAA rule to prohibit participation in the summer program as long as the last middle school sports event has been completed and the local school district allows summer participation for these students.

Q&A-2: *May a high school baseball coach be actively involved in a summer baseball program before school is out, if the majority of the summer team roster is composed of that coach's high school team?*

YES, a coach may coach non-school teams and players during the season. However, requiring participation by student-athletes as a condition for playing on a school team would constitute a violation.

Q&A-3: *Are students that participate in a school-sponsored summer program required to meet all WIAA eligibility requirements?*

WIAA rules and regulations do not govern summer programs, other than to define the time period for summer, ad to allow school districts to sponsor programs. Local school districts have the authority to determine what programs will be sponsored by the school(s) within that district, and may add restrictions as deemed appropriate. The WIAA rules of eligibility do not apply, although local school districts could add that stipulation.

17.11.0 PHYSICAL EXAMINATION

Q&A-1: *A family friend is a Doctor of Chiropractics and has agreed to provide athletic physical exams for our family. Will this physical exam be accepted for interscholastic participation?*

NO, only those licensed to perform physical examinations are able to provide physical exams for athletic participation as outlined in 17.11.2.

Q&A-2: *I had a physical exam in April for spring sports. For how long is my physical good?*

Physical exams are good for 24 months.

Q&A-3: *I was injured for the early part of the basketball season, but have finally been cleared by a chiropractor to resume athletic participation. Is the medical release from a chiropractor acceptable?*

NO, the written release to resume participation must come from a physician licensed to perform physical examinations as outlined in WIAA rule 17.11.2.

- 17.8.0 OPEN GYM** - Schools may conduct open athletic facilities (gym, pools, field, and track) in the off season if all of the following conditions are met:
- 17.8.1 The program is part of the school district organized recreational or activity program; and
 - 17.8.2 Activities are open and advertised to all members of the student body; and
 - 17.8.3 Students have a choice of activities; and
 - 17.8.4 No coaching or drilling of the athletes attending occurs; and
 - 17.8.5 Supervision is provided by any individual approved by the school district; and
 - 17.8.6 Participation in open gym cannot be a requirement or condition of participation on a school team.

- 17.9.0 SPORT CAMPS OR CLINICS** - Participants in a school-sponsored sport may attend camps or clinics.
- 17.9.1 If the participant's coach is an organizer of a camp or clinic, the participant may attend only if it is offered during the summer or during the season in which that sport is offered.
 - 17.9.2 Participation in a sport camp or clinic cannot be a requirement or condition of participation on a school team.

PHILOSOPHY OF SUMMER ACTIVITIES: *Students may be afforded the opportunity to participate in activities during the summer if they so choose. Students should also be provided with an opportunity to participate with their families during the summer or simply take a break from sports prior to the start of fall sports turnouts. Limiting participation during the month of August for fall sports athletes helps to ensure that all students begin the fall sports season on an equal basis. AFFIRMATION OF ASSOCIATION GOALS 2.2.2 AND 2.2.3. THEREFORE:*

- 17.10.0 SUMMER ACTIVITIES** - Summer is defined for high schools as the first day following the WIAA spring tournaments through July 31. Summer is defined for middle level schools as the first day following the final day of the spring sports schedules through July 31.
- 17.10.1 Coaches may conduct activities during the summer on their own, as individuals.
 - 17.10.2 School districts may authorize the use of facilities, school equipment (such as football helmets and shoulder pads, balls, etc), sport specific apparatus (such as batting cages, football sleds, nets, etc), facilities, and/or transportation for individuals and/or teams during the summer if approved by the local school board.
 - 17.10.3 School districts may provide liability insurance for summer programs.
 - 17.10.4 School districts may not allow for the use of school uniforms during the summer. Uniforms are considered to be the school issued contest uniform (practice or shooting shirts are not classified as school uniforms) and are defined in the adopted rule book for each specific sport.
 - 17.10.5 Participation in summer programs cannot be a requirement or condition of participation on a school team.
- 17.11.0 PHYSICAL EXAMINATION** - Prior to the first practice for participation in interscholastic athletics a student shall undergo a thorough medical examination and be approved for interscholastic athletic competition by a medical authority licensed to perform a physical examination.
- 17.11.1 Results of the exam shall indicate:
 - A. Documentation of a detailed review of the student's medical history with special attention to presence or absence of cardiovascular/pulmonary risks and/or previous significant injury and rehabilitation there from.
 - B. Documentation of satisfactory examination of the cardiopulmonary system.
 - C. Documentation of satisfactory sport-specific orthopedic screening examination.
 - D. A written statement by the examiner as to the fitness of the student to undertake the proposed athletic participation, together with suggestion for activity modification if necessary.
 - 17.11.2 Those licensed to perform physical examinations include a Medical Doctor (MD), Doctor of Osteopathy (DO), Advanced Registered Nurse Practitioner (ARNP), Physician's Assistant (PA), and Naturopathic Physician.
 - 17.11.3 The school in which this student is enrolled must have on file a statement (or prepared form) from a medical authority licensed to give a physical examination, certifying that the participant's physical condition is adequate for the activity or activities in which the student wishes to participate.
 - 17.11.4 To resume participation following an illness and/or injury serious enough to require medical care by a medical authority licensed to perform a physical examination, a participating student must present to the school officials a written release from a medical authority licensed to perform physical examinations as listed in 17.11.2 and/or a dentist as applicable.
 - 17.11.5 The physical examination shall be valid for twenty-four (24) consecutive months to the date unless otherwise limited by local school district policy or when the physician indicates the physical is only good for less than twenty-four (24) consecutive months.
 - 17.11.6 For each subsequent twenty-four month period the student shall furnish a statement or physical examination form signed by a medical authority licensed to perform a physical examination that provides clearance for continued athletic participation.